

## Mutchmor Lodge Information Package

<b>Wascana Wing – Mutchmor Lodge</b>		
220 sq ft	Studio – Full Bath, includes: fridge, microwave, desk and nightstand	\$2,558.00
245 sq ft	Small 1 bedroom, full bath includes: fridge, microwave, desk and nightstand	\$3,035.00
375 sq ft	Large 1 bedroom, full bath includes: fridge, microwave, desk and nightstand	\$3,609.00
375 sq ft	Large 1 bedroom <b>couples</b> , full bath includes: fridge, microwave and nightstand	\$4,080.00
<b>Mutchmor Lodge Center and South Wing</b>		
128 & 137	Room with shared ¾ bath includes bed and nightstand	\$1,570.00
144 sq ft	Room with private ½ bath, includes bed and nightstand	\$1,884.00
216 sq ft	Private room full bath	\$2,384.00
440 sq ft	Large suite full bath includes bed and nightstand	\$3,153.00
440 sq ft	Large suite full both <b>couple/double</b> occupancy	\$3,641.00
<b>Hewitt Place</b>		
<b>Senior Apartments with no meals or house cleaning</b>		
315 sq ft	Bachelor suite with kitchenette	\$667.00
630 sq ft	One bedroom suite with kitchenette	\$1028.00

Mutchmor Lodge is an assisted housing for seniors. We can accommodate a total of 84 residents. Our facility has 8 different styles of rooms and suites ranging in price from \$1,570.00 a month to \$3,641.00 a month. . There are 2 dining areas, both are assigned seating. You receive 3 meals daily; breakfast at 8 am, lunch at 12 noon and supper at 5 pm. Between meals, at 10am, 2pm and 7pm there are snacks available such as; sandwiches, fruits, vegetables, cookies, cakes, tea, and coffee. Security deposit is required in the amount of one month's rent.

As well as meals we also include in the rent;

- Fresh towels daily
- Light housekeeping daily
- All bedding including, sheets, pillows, blankets and bedspread
- Once a week you would have a full clean done of your suite on an assigned day
- Complimentary laundry rooms (with soap provided)
- Emergency response systems (Lifeline)
- Staff on site 24 hrs a day
- Security doors
- Power, heat and water
- Single or queen sized beds, a night stand and a desk are supplied, or you may bring all your own furniture
- Planned daily activities with a professional Recreation Director. The activities are resident focused programs aimed at improving quality of life and keeping resident active and involved in the community. (Refer to calendar for events and activities)

Parking available for extra \$20.00 month (electrified stalls)

Our staff can do your personal laundry for \$6.00 per load (clothing) on an assigned day

Residents are responsible for their phone and cable. A landline is required for the security doors to work.

# Mutchmor Lodge Application for Residence

328 Century Crescent  
Regina, Saskatchewan, S4T 6M1

Surname: \_\_\_\_\_ First Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone: \_\_\_\_\_ Sask Health Card: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ GMS/Blue Cross: \_\_\_\_\_

**First Contact:** \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Cell: \_\_\_\_\_ Work: \_\_\_\_\_

**Second Contact:** \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Email address: \_\_\_\_\_ Phone: \_\_\_\_\_

Cell: \_\_\_\_\_ Work: \_\_\_\_\_

Family Doctor: \_\_\_\_\_ Phone: \_\_\_\_\_

Presently do you require assistance with any of the following:

Meds:	No	Yes	Bath:	No	Yes
Special Diet:	No	Yes			

Assessed by Saskatchewan Health Authority: No Yes

When: \_\_\_\_\_ SWADD Coordinator: \_\_\_\_\_ Phone: \_\_\_\_\_

Aids: Walker, cane, glasses, hearing aid, dentures upper/lower, other: \_\_\_\_\_

Allergies: \_\_\_\_\_

Lack of immunity to any infectious disease: No Yes Specify: \_\_\_\_\_

Do you wish to be registered with the Lifeline system: No Yes

Veteran: No Yes

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## CRITERIA CHECKLIST – Application for residency at Mutchmor Lodge

Mutchmor Lodge is a supportive housing environment. Services include meals (provided in the dining room), commercial laundry, personal laundry upon request, housekeeping services and activity programs (details of the service is provided by the Administrator). If additional assistance is required, a private agency may be utilized. The Saskatchewan Health Authority must assess and criteria must be met prior to any Home Care service being considered.

The following questions will help to determine if an individual can manage well in the Mutchmor environment.

1. Is the applicant living alone at the current time?

YES NO

2. Does the applicant attend out of home appointments/activities independently?

YES NO

If NO who accompanies the applicant?

3. Is there a main support person or contact person for the applicant?

YES NO

4. Is this person available upon request (living in or near Regina)?

YES NO

5. Do any of the following factors affect the applicant's status? (check)

- Vision Problems (Such as macular degeneration, glaucoma, etc)
- Hearing Problems
- Breathing Problems (such as emphysema, asthma, COPD, uses oxygen)
- Poor control of bladder, assistance is regularly required
- Poor control of bowels, assistance is regularly required

## 6. Memory

A. Can the applicant dial the telephone independently using a large numbered phone?  
YES NO

B. Is the applicant able to find their way around in their current environment?  
YES NO

C. Are there any behavioral issues of concern? (Such as agitation, disorientation to time/place, aggression, agitation or confusion related to late afternoon, evening or night periods)? YES NO

D. Has the applicant exhibited any recurrent behaviors? (Such as leaving water in tub or sink running, leaving doors open, leaving stove unattended long term and or left on, misuse of appliances, etc)?  
YES NO

E. Have there been any occurrences in which the applicant demonstrated inappropriate judgment (such as wandering outdoors not appropriately dressed for the climate, into other suites, wandering the hallway, if living in building, etc.)  
YES NO

F. Is there a need for the applicant to wear an I.D. bracelet?  
YES NO

## 7. Mobility

A. Can the applicant get to the dining room independently?  
YES NO

B. Does the applicant have any mobility aides (walkers, cane)?  
YES NO

C. Is the applicant able to use an elevator independently?  
YES NO

## **MUTCHMOR LODGE RESIDENCY REQUIREMENTS**

Mutchmor Lodge is a supportive housing environment. Services include meals provided in the dining room, commercial laundry, and personal laundry upon request, housekeeping services, and an activities program. If additional services are required, a private agency may be utilized. When considering Home Care services, the Regina Qu'Appelle Health Region must assess each applicant using criteria set out by the Health Region, prior to any Home Care services, being initiated.

Residents' physical, emotional, and cognitive abilities must be compatible with Mutchmor's available services and physical design in order that their health and safety is not at risk and their behavior will not put others at risk.

To determine eligibility:

- a) A pre-admission functional assessment must be made. The assessment involves filling out a Level of Function Assessment Form by the prospective resident, and/or the individual responsible for him/her along with the Administrator. They will, to the best of their knowledge, certify the assessment is correct.
- b) On the basis of this assessment the Administrator will, in consultation with other members of the selection team, determine eligibility. Mutchmor Lodge is *not* designed to accommodate anyone who is not independent.
- c) The prospective resident will be informed within twenty-four hours of the Administrator's consultation concerning acceptance or rejection of the applicant.
- d) Should the resident's functional capabilities deteriorate; a reassessment will be done to determine their suitability as a resident at Mutchmor. This will be conducted by the Administrator, in consultation with members of the selection team, the resident, and their family, as to the level of care required.

## **MUTCHMOR LODGE FUNCTIONAL CRITERIA CHECKLIST**

- ***Residents will have the ability to participate in:***
  - exercise programs geared to their level of need and ability.
  - special planned events and gatherings
  - social interactions
  - a resident's representative and planning group for those interested.
  
- ***Their level of activity will include the ability to:***
  - perform independently activities of daily living without cueing or reminding  
e.g. eating unassisted, grooming etc.
  - physically manage personal care including dressing
  - maintain an appropriate level of personal hygiene
  - use phone independently
  - move to and from central dining room independently
  - use elevator independently
  
- When needed, residents will make their own arrangements for private personal care or any needed appropriate nursing care with the involvement of family when necessary. This might include help with managing dressing (compression stockings) or hygiene (hair washing and bathing) as well as medications, occasional bowel care and simple acute wound dressings.
  
- ***Mental capabilities will include:***
  - correctly identify own name, address, phone number and family member's names.
  - controlled appropriate behavior – non-aggressive and non-violent
  - good judgment and decision making abilities e.g. appropriate dress for climate and time of day, does not wander into others suites uninvited or wander the halls during the night, time of rising and retiring is compatible with the overall functioning of the lodge
  - the ability to attend meals without prompting or reminding.
  
- Residents will have continence of bowels and bladder or have managed incontinence.
  
- Residents will have the responsibility for their own dentures, hearing aids, eyeglasses, contact lenses, canes, walkers, prosthesis, or any other devices used for aiding independent living